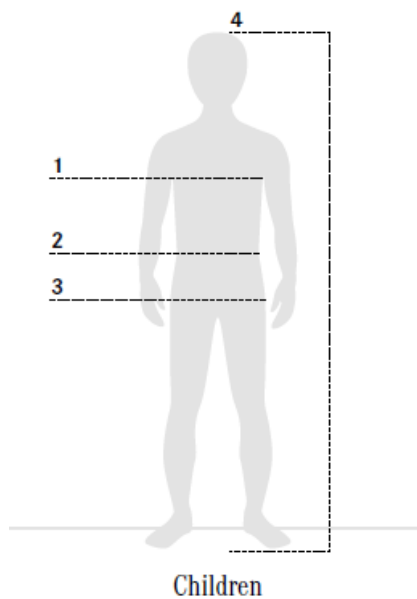


## Clothing sizes

The tables below are designed to help you find your perfect size. It is important to take your measurements correctly. For best results, you should be relaxed and wearing only your underwear. Ideally you should use a tape measure which you should keep close to the body. If you have someone to help you, it will be easier and more precise.

- 1. CHEST:** keeping the tape measure horizontal, measure around the fullest part of the chest
- 2. WAIST:** measure around the waist without drawing the tape measure too tight
- 3. HIPS:** keeping the tape measure horizontal, measure around the fullest part of the hips
- 4. HEIGHT** (for children's clothing): measure from the top of the head to the sole of the feet without shoes



SIZE	116/122	128/134	140/146	152/158
AGE (YEARS)	6-7	8-9	10-11	12
CHEST (CM)	58-62	63-68	69-74	75-80
WAIST (CM)	55-56	57-59	60-62	63-65
HIPS (CM)	62-67	68-73	74-80	81-87
HEIGHT (CM)	114-125	126-137	138-149	150-161